

FOR IMMEDIATE RELEASE

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LIFT NAMES NEW EXECUTIVE DIRECTOR TO DC SITE

Washington, D.C. – LIFT is proud to name Kristy M. Arnold, PhD as the new executive director of LIFT-DC.

In her role Arnold will promote LIFT’s mission, develop innovative programming, maintain long-standing relationships and secure diversified funding streams to support LIFT-DC’s work.

Arnold brings more than 12 years of nonprofit and clinical experience to LIFT, most recently serving as the director of case management for the DC Promise Neighborhood Initiative, which works to end intergenerational poverty in DC’s Ward 7 Kenilworth-Parkside community. Prior to that she held a senior position with the Year Up National Capital Region office, directing all student services for young adults seeking the skills and experience to achieve their true potential. Arnold has also worked with youth in both the juvenile justice and foster care systems in her hometown of Atlanta.

“As LIFT-DC enters its next phase of growth, we are delighted to bring on a leader of Kristy’s caliber to cultivate talent, partnerships and the innovative programming needed to help low-income families in DC break the cycle of poverty,” said LIFT President Maria Peña.

Arnold earned her bachelor’s degree in psychology from the University of Georgia, a master’s in education from Howard University and a PhD in counselor education and supervision from Virginia Tech. While serving as a clinician, she worked with individuals, couples and group clients and also served as an adjunct professor at both Virginia Tech and George Washington University.

About LIFT

LIFT is a national nonprofit dedicated to helping families break the cycle of poverty. By fostering strong relationships between low-income parents (members) and dedicated volunteers (advocates), we help families build the strong personal, social and financial foundations to secure immediate, critical needs and to achieve long-term goals and aspirations. LIFT connects with families through four sites located in communities with some of the highest rates of concentrated poverty: Chicago, Los Angeles, New York and Washington, DC. Because this work cannot be done alone, LIFT focuses on building strong community collaborations with a wide range of local, regional and national partners to help ensure families receive the resources and support they need. To learn more, visit www.liftcommunities.org.

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